# SPORT FITNESS <br> flinders university 

## 7-a-side Indoor Soccer Rules

## (Updated Jan 2019)

In this competition the emphasis is on enjoyment, skill development and social well-being. All rules are open to interpretation of the umpire and his/her decision is final. Please bring positivity, enthusiasm and supportive competitiveness to each game.

## OBJECTIVES AND APPLICATION OF REGULATIONS/ CAUTIONS/ MISCONDUCT

1. These regulations apply to any infringement of the laws of the game by any player or team spectator during a match played under the direction or control of Flinders University Sport and Fitness.
2. Flinders University Sport and Fitness social sporting programs are based to provide students and members of the public with enjoyment and opportunity to participate in social sport on campus.
3. Day to day interpretation of these rules shall be the responsibility of the most senior official present at the time.
4. Misconduct includes bad sportsmanship, arguing with the umpire, abusive conduct, deliberately holding up time of play, conducting against positivity of the game, any type of rough or threatening behaviour.
5. Misconduct towards other players will not be tolerated. Respect those all involved.

## RULES/INFRINGEMENT OF THE LAWS OF THE GAME

6. Regular indoor soccer rules apply, contentious or controversial rules are to the umpire's discretion.
7. If misconduct is to repetitively occur, the following process will occur;

First warning: First yellow card
Second warning: Second yellow card
Third and final warning: Red card, automatic bench and no play for the following game on the fixture.

## SQUAD/SUBSTITUTIONS

8. Games are mixed gender. There are no minimum requirements for gender participation.
9. Teams are to arrive 15 minutes prior to the game commencing and to ensure that the payment is made 10 minutes before kick-off.

Penalties will apply to teams who pay the team fee late.
10. Teams are able to make unlimited interchanges during each match.

## FORFEITS

11. In the event of a forfeited match, a forfeit fine is applied LESS THAN 48 HOURS NOTICE. Teams are to contact rylee.krause@flinders.edu.au to advise if they are to forfeit the game.
12. Forfeit Fine Amount: $\$ 60.00$
13. Forfeit Fine is due the following game, point deductions of 5 points per game until the forfeit fine is finalised.

## RESPONSIBILITY OF PLAYERS

14. All players are responsible for reading and understanding the rules contained.
15. No food is to be consumed on the courts.
16. Rules that are unclear are to be discussed with the umpire prior to commencement of the game or at half time and not during play.

## GAME TIME/DURATION/RATE

17. All games will be $\mathbf{2 x} \mathbf{1 5}$ minute halves with a $\mathbf{2}$ minute half time
18. Players and umpires are to be on court prior to the second half commencing
19. Injury time is 3 minutes each half (if required)
20. Games are $\$ 50.00$ per team

## LOCATION

Flinders University, Alan Mitchell Building, Registry Road, Bedford Park, SA, 5042
Indoor Sports Court
POINT SCORING SYSTEM
Points for each match are awarded as following:
Win: 2 points
Loss: 0 points
Drawn Match: 1 point
Forfeit: 0 points to forfeiting team, 2 points to opposition winning team

## FIXTURES

Teams are to ensure their game time availability is finalised during the registration process. Game times are set once the fixture has been released to the website. Teams that request for alternate game times with short notice will have to pay a forfeit fine if their game cannot be changed, due to insufficient notice.

Fixtures will be uploaded to the website. It is the team captain's responsibility to ensure they are aware of the team's game times.

## WEEKLY RESULTS

Weekly ladders will be uploaded Tuesday evenings. You can keep an eye on the results that are uploaded to Flinders University Sport \& Fitness website under the tab "Indoor Soccer". One copy of the weekly results will be displayed on court with the umpire each week for team's convenience on game days.

## UNIFORM/JEWELLERY

Shin pads are not necessary, however, unnecessary contact to the shins in a deliberate manner continuously will result in rule change.

Teams are encouraged to wear the same colour for their uniform or are able to wear bibs (these can be collected from Flinders Sport and Fitness Office/Reception) to help enable teams to be easily recognised.

Jewellery is to be removed, due to safety. Jewellery that is unable to be removed is to be taped/covered (i.e. new piercing/ medical bracelets/ religious items).

## TEAM DUTIES

Players are to pay the team payment for each game of $\$ 50.00$ prior to the game commencing. This is to be made in one payment.

Teams that play in the first and last games of the evening are to set up and help move the goals from court. This is each team's responsibility.

Thank you.

## PHOTOGRAPHY

Please advise management if the team or individual players do not consent permission for photographs to be taken for advertisement or team photos. Please contact Sports Officer/Coordinator Rylee (email above) for further details or questions regarding photography consent.

## FINALS

There is no limit to the number of players that can register each week.
In the case of a draw, teams will play an additional 5 minutes of "Golden Goal" (first to score wins). If a goal is not scored within this time frame, another 5 minutes will be allocated. In the case of the score without change, penalty shootout will be allocated. Finals rewards will be given for the teams that place for first and second.

